

# TERRIER NEWS UNLEASHED

St Francis College · 179 Livingston Street, Brooklyn NY · [www.sfc.edu](http://www.sfc.edu)



## Extra, Extra! Presidential Address!

*Welcome Back! Big Things Are Happening at SFC!*

**Dear SFC Community and the SFC Family,**

*Welcome to St. Francis College!* Whether you're returning after a rewarding summer or joining us for the first time, we are thrilled to have you here for what promises to be one of the most exciting years in our history.

At SFC, our Franciscan legacy calls us to create a community of opportunity. This year, that commitment shines brighter than ever. Everything we've added to campus is designed to help you flourish in mind, body, and spirit to serve the world with meaning, impact and integrity.

**What's New?**

**A Lot. And It's All Right Here!**

This year, you'll see more than new classes. You'll see a campus that reflects our commitment to be Better, Faster and Fairer, in all we do:

- **Expanded E-Sports Center:** Bigger, better, and ready for serious gamers and community connections.
- **Indoor Intramurals for All:** Pickleball, Indoor Tennis, Indoor Soccer, Silent Basketball, Indoor Lacrosse.
- **A New Quiet Room:** A space for reflection and peace amid your busy schedule.
- **Upgraded Academic Spaces:** Many departments are moving into to further support your journey.
- **New Academic Programs Approved:** Expanding pathways to meaningful careers that serve the common good.
- **Expanded Health & Wellness Services:** Because caring for others begins with caring for ourselves.
- **The McGuire Scholars Program Just Got a Boost:** Thanks to a \$1.1 million Kessler Grant, we're expanding opportunities for

first-generation students.

- and **Terrier Station:** Your new merch store and swag shop! Show your Terrier pride in style.

These investments reflect a community rooted in Franciscan values where every student is known, supported, and empowered to lead with compassion.

Let's make this year unforgettable. Work hard, play hard, serve others, cheer each other on, and take advantage of everything our College offers. Together, we'll live our mission building a future filled with hope and opportunity.

**Welcome! Here's to a year of purpose, passion, and possibility.**

Sincerely,  
*President Tim Cecere*

# WELCOMING OUR NEWEST TERRIERS

*As the fall semester begins, we are thrilled to introduce the newest members of our St. Francis College family — the Class of 2029! These bright, passionate, and ambitious students are beginning their academic journey with us, bringing fresh energy, diverse perspectives, and a shared commitment to learning and growth.*

Aaron Blakey  
Abdul Saher  
Abdullah Al Zobayer  
Abigail Cabrera  
Abigail Petit  
Adama Barrie  
Adamaris Montano  
Addie Diakite  
Adrian McLarty  
Adriana Pritchett  
Adrianna Blake  
Afra Saiyara  
Ahmed Radwan  
Aiden Wright  
Aisha Ferguson  
Aisuluu Eldiartova  
Akalah Thomas  
Akerya Wong  
Akhil Mattaparthi  
Akpofeowi Asu Ekiye  
Alain Pasquis  
Aleiah Hodge-Cruz  
Alexa Mastoros  
Alexander Nass  
Alexander Zore  
Alexandra Velazquez  
Rodriguez  
Alexia Dainty  
Alexis Addo  
Alexis Orsinigonzales  
Aliana Sanz  
Alice Naranjo  
Alisa Khabenskaya  
Alixandra Salomon  
Aliyah Andre  
Aloni Elam  
Alyssa Diaz  
Alyssa Jose  
Alyssa Knight  
Alyssa Todd  
Alyssa Vanegas  
Amal Ilkhamdzhanov  
Amber Johnson  
Aminata Barrie  
Amrit Sohi  
Amy Espinosa Nolasco

Amya Zammett  
Anaïs Cando  
Analisa Denny  
Andrea Alvarado Pelico  
Andrea Torres  
Andres Barrios Delcid  
Andres Internicola  
Andrew Garcia  
Aneshia Nezbeth  
Angel Ramirez  
Angel Santiago  
Angela Peters  
Angelique Paris  
Angelo Rodriguez  
Anise Council  
Aniza Ceri  
Anjum Amin  
Anna Katharina Pfaar  
Annalisa Matteo  
Annmarie Gomez  
Anthony Green  
Antonio Payton  
Antonio Pearson  
Arafat Shiek  
Arber Selimaj  
Ariadne Garcia  
Ariana Bru  
Arianna Antigua  
Arianna Lantigua Cerda  
Arianna Poliseño  
Arianna Seenarraine  
Arianna Washington  
Arihanna Drouillard  
Armani Payero  
Aryanee Fabian  
Asal Shoyardonova  
Aseanni Othman  
Asema Zhaparkulova  
Ashadae Dodoo  
Ashley Gomez  
Astrid Rosario  
Baggio Tadros  
Bah Mamadou Dad  
Bailey Bowman  
Barbara Greets  
Bektemir Beishenalie

Betty Yakubov  
Bree Ashby  
Brent Brathwaite  
Briana Parker  
Brianna Peters  
Brianna Wingate  
Briseis Pacheco  
Bryanna Hernandez  
Caleb Jonathan  
Cali Jeanjaquet  
Caren Melendez  
Carla Aquino  
Carmelo Fernandez  
Caroline Weeks  
Cassandra Michel  
Cecilia Evjen  
Celeste Golden  
Chahan Patel  
Chana Notik  
Chanel McClanahan  
Chanel Perez  
Chanel Rosario  
Chelsea Leacock  
Chelsea McVorrán  
Cherish Strong  
Chloe Galimi  
Chloe Gerber  
Chloe Scheffler  
Chris Parra  
Christina Casale  
Christopher Ciliento  
Chrystian Valdez  
Cinthia Silvestre  
Constantin Voit  
Cristina Fernandez

Daishia Monk  
Damarley Campbell  
Daniel Jean Baptiste  
Daniel Loutfi  
Daniel Nigro  
Daniel Rayder  
Daniela Palacios  
Danielis Lopez  
Danielle DeMato  
Danielle Walker  
Darius Singleton  
Dastanbek Apitov  
David Lacossade  
David Moretti  
Deanna Jones  
Delia Caraballo  
Denise Martinez  
Denisse Lopez  
Deontrae Rountree  
Deshouna Williams  
Desire Hall  
Desiree Rose Bedrijo  
Destiny Ledbetter  
Devin Ortiz  
Diamani Marsh  
Diana Denes  
Dianey Perez Serrano  
Dikshya Karki  
Dolah Kaled  
Domonique Francis  
Dt Welleh  
Dwayne Lendore  
Dylan Smart  
Eda Nur Guersel  
Edward Lopez



## WELCOMING OUR NEWEST TERRIERS



Elany Lemache  
 Eliana Rodriguez  
 Elizabeth Mensah  
 Elvin Dokovic  
 Emely Tenezaca  
 Emilie Wilson  
 Emily Bermejo  
 Emily Eugenio Santes  
 Emily Tirado  
 Emma Hartmann  
 Enan Kaied  
 Endrit Ahmetaj  
 Erika De Leon  
 Esmeralda Marte Cuevas  
 Essi Agbodeka  
 Esther Dathus  
 Ethan Roachford  
 Eva Cardoso  
 Eva Charles  
 Eva Kaloshi  
 Ezozahon Vasikhanova  
 Fabiola JeanPierre  
 Fadilatou Zidwemba  
 Faith Charles  
 Farhaan Jafri Syed  
 Fariza Alikulova  
 Fatemeh Rezaie  
 Fatoumata Diallo  
 Felicia D'Antonio  
 Felipe Sebastian Torres  
 Quevedo  
 Fernando Ynfante  
 Filomena Cinquemani  
 Buscio  
 Fiona Ademi  
 Francheska Sthilaire  
 Frank Mascarinas  
 Franziska Glas  
 Freya Patel

Gabriel Meyer Huebner  
 Gabriella Caballero  
 Gia Murphy  
 Gianna Fioravanti  
 Gianna Rios  
 Gianna Santoro  
 Gieanna Gibbs  
 Gisella Salow  
 Gloria Pineda  
 Hafssa Ougribe  
 Haicha Drice  
 Haide Alcala Polanco  
 Hamza Kilavuz  
 Hannah Johnson  
 Hannah Pericles  
 Havanah Moseti  
 Het Ambalia  
 Hezekiah Austin  
 Hilary Saenz  
 Hilton Yacove  
 Holly Dems Manzambi  
 Hugo Torres  
 Huguette Nicolas  
 Ipek Yilmaz  
 Isabella Isaza  
 Isabella Nunez  
 Isabella Ortiz  
 Isabella Rodrigues  
 Isaiah Baptiste  
 Isaiah Thomas  
 Isiah Young  
 Ismael Casarez  
 Isyss Edwards  
 Iulia Spanu  
 Jackson Showalter  
 Jacob Hill  
 Jacob Wertz  
 Jada Browne  
 Jada Crawford  
 Jada Medy

Jada Theodat  
 Jadawn Wilson  
 Jade Acevedo Mora  
 Jaden Hanks  
 Jaden Sanchez  
 Jady Harris  
 Jaelynn Aquino Pagan  
 Jahaira Resto  
 Jahmelia Esprit  
 Jahnay Harris  
 Jahniah Harper  
 Jahzara Sylvester  
 Jaleah Rivera  
 Jamal Thomas  
 James Graham  
 Jamykal Green  
 Jasmine Grullon  
 Jayda Francis  
 Jayda Lares  
 Jayden West  
 Jaylah Springer  
 Jaymie Rivera  
 Jayminkumar  
 Mahendrabhai Shrigod  
 Jazmin Morales  
 Jazmyn Rivera  
 Jazmyne Nurse  
 Jean Nicholas  
 Monchery  
 Jeanine Semple  
 Jemal Livingston  
 Jemima Verdieu  
 Jenna Tayeh  
 Jennesys Sacasa  
 Jennifer Bleiweiss  
 Jennifer Richards  
 Jennifer Sarmiento  
 Jerrisa Williamson  
 Jervis Simpson Smith  
 Jessica Pacheco  
 Jessica Patino  
 Jette Draak  
 Jhessica Farez  
 Jocelyn Huitzil  
 Jocelyn Maliza  
 Jocelyn Ubawuiké  
 Joel Cuevas  
 Joel Lopez  
 Johanna Onofre  
 Johnathan Da Silva

Jonathan Baiza  
 Jose Campos  
 Joseph Akande  
 Josue Campos Poblano  
 Jowanny Fabian  
 Joyce Obertopp  
 Julia Dass  
 Julia Nerlinger  
 Julia Virgo  
 Julissa Santamaria  
 Julius Encarnacion  
 Julius Geradeau  
 Julius Kleine  
 Depenbrock  
 Julmide Mentor  
 Justin Pullmann  
 Justin Rose  
 Justin-Everette Walker  
 Kai Wageman  
 Kaitlynn Joefield  
 Kalpana Bist  
 Kamiira Burnett  
 Kareem Sulieman  
 Karen Aucanshala  
 Karima Andrews  
 Karina Lopez  
 Katherine Toledo  
 kathleen valdes  
 Kathy Velasquez  
 Kaya Smith  
 Kayla Agosto  
 Kayla Hernandez  
 Kayla Reid  
 Kayla Speights  
 Kayleigh Roque-Dismus  
 Keilah Mitchell  
 Keilani Vilar  
 Kelecia Pullock  
 Kevin De La Cruz  
 Kevin Rivera  
 Khadeejah Warburton  
 Khalil Ayoola  
 Khloe-Ann McKenzie  
 Kiara Granillo  
 Kiara Green  
 Kim Leonie Korrenz  
 Kimberley Smith  
 Kimberly Sanchez  
 Kristian John  
 Kristy Charles

# WELCOMING OUR NEWEST TERRIERS

Kyra Mills  
Lamya Hand  
Lara Saky  
Lauren Washington  
Layla Ortiz  
Lea Wolf  
Leanna McClellan  
Leslie esteva  
Lexie Rojas  
Leylee Pena  
Liesha Cacho-Castillo  
Lilli Zoe Bondkirch  
Lipsha Stark  
Lizbeth Guadalupe  
Logan Phillips  
Lola Salami  
Louisa Marie Schulz  
Lydia Cresci  
Madina Dia  
Madison Bates  
Madison Fulton  
Madison Hill  
Magali Mendoza  
Mahbuba Mahi  
Mahmud Sadykov  
Maia Heller  
Mailly Guede  
Mainna Toussaint  
Makayla Irvin  
Makayla Lowhar  
Mali Tighe  
Maman Cisse  
Manuel Franco  
Maria Aguilar  
Maria Collado  
Maria Gomez Lopez  
Mariah Greene  
Mariam Chkrunishvili  
Marie Sirunyan  
Mariel Herrera  
Rodriguez  
Maritza Olmos  
Mark Yancey  
Marwa Karim  
Maryglorious Kiraru  
Matthew Bowen  
Matthew Hermann  
Matthew Stewart  
Maury Bamba  
Max Behr

Maxliam Logar  
Maya Jacome  
Maya Veliz  
Md Ashroful  
Meagan Nagib  
Meet Alpeshkumar  
Gosai  
Meghan Mendez  
Mehgan Michel  
Mehribon Rafieva  
Melanie Salazar  
Melody Mckenzie  
Merilyn Lazala  
Mia Cruz  
Mia Jerome  
Mia Siguencia  
Michael Brito

Natali Mitial  
Natalia Feliciano  
Morales  
Nataly Hernandez  
Soriano  
Nataly Montano Castillo  
Neah Johnson  
Neomi Modeste  
Neydis Villa  
Nia James  
Nicholas Perez  
Nicole Miranda  
Nikayla Vernon  
Nizabela Ubillus  
Noah Rathbun  
Noe Lopez  
Noel Dedaj

Ramiz Gomaa  
Raniyah McLean  
Rawhia Hasan  
Rayane Kone  
Raymone Segers  
Razi Killian-McEachin  
Rebecca Reinsch  
Reea Ramrup  
Reginald Johnson  
Remon Ibrahim  
Rene VanSluytman  
Renee Lumbley  
Rhianna Arthur  
Richie Dor  
Rifany Whint  
Roberto Pozo Paez  
Robnel Joseph  
Rochelina Jeanty  
Rosanny Lopez  
Roselyn De La Cruz-  
Rosa  
Rosie Smyth  
Rosmaly De La Cruz  
Rosa  
Rosmeily Pichardo  
Rowmar Williams  
Roxette Romero  
Ryan DelRio  
Ryan Saint Jean  
Sabrina Grant  
Sahithi Rasakonda  
Samore McLean  
Samuel Gorelik  
Samuel Simon  
Sanaa Taitt  
Sandra Romero -  
Dzhulay  
Saniya Isaac  
Santana Pena  
Sarah Dawkins  
Saraye St Vil  
Sarit Guadalupe  
Saurenschia Paul  
Savannah Acevedo  
Savannah Gillett  
Savannah Williamson  
Edwards  
Sayor Shakin  
Schuyler Van Schaick  
Sean Hes



Michael Stokes  
Michaela Cunningham  
Michelle Beker  
Michelle Kern  
Michelle Ramirez  
Mikel Williams  
Miosoty Pena  
Miriam Elkayam  
Mirielle Dadaille  
Misbahuddin Khan  
Mohamed Radwan  
Momina Anjum  
Muhammad Mustafa  
Muhdieh Suliman  
Nadiyah Cooper  
Nalani Lopez  
Nancy Thelusme  
Nashauna Gordon

Noel Jan Luca Lausch  
Noel Meggle  
Noemy Davila  
Nomi Barkan  
Olivia Reilly  
Oluseyi Odubiro  
Onya Butler  
Palak Joshi  
Paul Bosomtwe  
Paula Gomez Lopez  
Petronella Akoto-  
Bamfo  
Pratham Shailendra  
Saxena  
Prealina Diaz  
Precious Harris  
Pruthvirajsinh Purohit  
Rachael Ayandiran



# WELCOMING OUR NEWEST TERRIERS

Sean South  
Sebastian Rincon  
Selen Atim  
Shae Scott  
Shafiat Alli  
Shamira Allen  
Shania Benjamin  
Sharae Gittens  
Sharon Ufuah  
Shashana Mayers  
Shaun Banks Jr  
Shayna Golubev  
Shaziah Farrell Dunn  
Shekeria Coates  
Sheridan Mertus  
Sherlyn Perez Llanos  
Sihon Brown  
Skye Frazier  
Skyler Rivera  
Sofia Metcalf

Sohna Saine  
Sonachi Ugwuoke  
Sophia Creo  
Starasia Clark  
Stephanie Balfour  
Stephanie Maglaras  
Stephanie Navarrete  
Susan Diaz  
Taliyah Brunson  
Taylor Jennings  
Teagyn Thomas  
Tendai Madondo  
Teresa Angela  
Schuschnig  
Terri-Ann Smith  
Tessanne Burt  
Tia Beresford  
Tianna Dunkley  
Tillie Weekes  
Tiwana James

Travis Jeffrey  
Triniece Khan  
Tsering Gawa  
Tyeka Brown  
Tyler Haynes  
Tyler Levine  
Urmila Basnet  
Valerie Lopez  
Valerie Portillo  
Valiea Gilmore  
Vanessa Torres  
Vanessa Torres Torres  
Victor Vervloet  
Victoria Dompheh  
Victoria Molina  
Victoria Sazonets  
Vincent D'Acierno  
Vy Tuong Nguyen  
Wajahat Ali Shahzad  
Wilcania Cruz

William Greene  
William Vaccaro  
Xuxin Chen  
Yannick Julian Hoef  
Yaren Kurtuldu  
Yaretti Morales Salazar  
Yesica De Los Santos  
YI MON THWE  
Yulissa Galan  
Zainab Bah  
Zariah Watson  
Zena Simmons  
Zeyneb Evren  
Zharyah Sivells  
Zhumagul Damirbekova  
Zoe Grossmann  
Zuly Alexandra  
Mendoza





# Terrier Tuesday: Celebrating Tradition and Community

The St. Francis College community came together for **Terrier Tuesday**, a tradition that kicks off the fall semester with energy and spirit. This year's celebration held special meaning as it warmly welcomed our new freshman and transfer students into the Terrier family, introducing them to the vibrant community that makes SFC unique.

The campus was buzzing with activity as students, faculty, and staff joined in a day full of excitement, connection, and celebration. One of the highlights was when students recited and signed the **Student Community Pledge**, reaffirming their commitment to Franciscan values such as peace, compassion, humility, and stewardship while also building bonds of friendship and belonging. Students took part in spirited competitions that highlighted the launch of our **new intramural sports program**, including indoor tennis, a soccer penalty match, and a basketball free-throw contest. These friendly rivalries sparked cheers, laughter, and unforgettable moments of camaraderie.

Terrier Tuesday is more than just a celebration—it's a tradition rooted in belonging and the shared excitement of a new beginning. Employees joined in the festivities, reinforcing the sense of unity and pride that defines our community.

As we move forward into the fall semester, the joy and connections sparked during Terrier Tuesday remind us of the strength and spirit that bind us together. Here's to another year of learning, growing, and thriving—together as Terriers.

**Go Terriers!**



# HIGHLIGHTS

## SFC Hosts the Brooklyn Open Indoor Tennis Tournament

St. Francis College celebrated its first-ever Indoor Tennis Tournament on the new 5th-floor indoor courts. The event brought the college community together for an afternoon of friendly competition and connection. Players showcased their skills while cheering each other on, making it a true celebration of sportsmanship and Terrier pride. The tournament also marked an exciting introduction to the new intramural sports opportunities.



### Intramural Sports Are Here!

Join us for pickleball, indoor tennis, indoor soccer, and basketball—now part of our new intramural sports program. Games are held every Monday and Thursday from 1–5 PM in the MPR. **Want to play?** Email [intramural@sfc.edu](mailto:intramural@sfc.edu) to sign up and get in the game!

## SFC Wraps Up Summer with Soccer and Celebration



The summer wrapped up with a celebratory day of friendly competition and community spirit. The highlight of the event was the first indoor soccer tournament on the brand-new court in the Multi-Purpose Room. The fast-paced games brought plenty of energy and excitement, showcasing this exciting new addition to student life. Students, faculty, and staff are invited to come play and be part of the action—indoor soccer is open to all who want to join in the fun.

The tournament is part of SFC's growing recreational offerings, which now include an e-sports center, fitness studios, pickleball, indoor tennis, and soccer—a reflection of the College's commitment to wellness, engagement, and building community. After the games, the SFC community gathered on the Rooftop Terrace for the End-of-Summer BBQ. With stunning skyline views, delicious food, and lively conversation, the event offered a perfect opportunity connect and celebrate end of the summer season together.



# Meet Mama Anne: A New Era in Nursing Education at St. Francis College

The **St. Francis College Nursing Department** is thrilled to introduce the newest member of our healthcare simulation team: Mama Anne — a state-of-the-art, high-fidelity birthing simulator designed to revolutionize the way our students learn and practice maternity care.

Anne is the most advanced real-life simulator available in today's market, offering unparalleled clinical realism and adaptability. With her cutting-edge technology, Anne provides our nursing students with immersive, hands-on experiences that mirror real-world scenarios — from routine births to complex medical conditions like hypertension during childbirth, a challenge faced by many communities.

The integration of Anne into the curriculum reflects SFC's commitment to excellence in healthcare education. **Mary Kate Kasler, Chair of the Nursing Department**, shares:

*“Integrating high-fidelity simulation into our nursing curriculum is more than just a technological upgrade—it’s a commitment to excellence. With Anne, our students gain the confidence and clinical judgment they need in a safe, supportive environment that mirrors the realities of professional practice. This investment ensures our graduates are not only competent, but compassionate.”*



”

*“Anne is just the most recent example of the St. Francis College investment in our academic programs across the board. Specifically within nursing, Anne joins 12 other simulators representing patients at all stages in life — from newborn to geriatric. Our fully accredited (and most recently 10-year CCNE re-accredited) nursing program represents the Gold Standard of what can be achieved right here in the heart of Brooklyn.”*  
-SFC President Tim Cecere

With Anne and our full suite of simulation tools, SFC continues to empower future nurses with the skills, empathy, and experience needed to serve their communities with distinction.



# ALUMNI SPOTLIGHT

## Amdy Fall ('16)



This month's Alumni Spotlight shines on **Amdy Fall '16**, whose journey from being a leader on the basketball court to a leader in the classroom demonstrates the power of perseverance, passion, and service.

Originally from Senegal, Amdy came to St. Francis College to pursue his **Bachelor of Science degree in Management with a focus on Information Technology**. While at SFC, Amdy was captain of the men's basketball team, learning the qualities of discipline, teamwork, and leadership that have brought him success in his future career.

After graduating from SFC, Amdy first joined Success Academy Charter Schools as a math teacher at Success Academy Harlem East. In this role, he quickly gained recognition for his excellence in teaching, and in 2020 he was honored with an Excellence Award for Academic Achievement in honor of his ability to foster both strong student outcomes and a positive school culture.

Amdy's career continued to flourish as he took on greater leadership responsibilities. First promoted to a Math Content Lead and then moving into administrative leadership as an Assistant Principal, Amdy mentored teachers, led professional development, and helped drive instructional success across the network. In 2023, he was appointed Principal of Success Academy Harlem North Central Middle School, where he now leads education of students in grades 5-8, empowering scholars and shaping the next generation of leaders.

Amdy Fall '16 exemplifies what it means to lead with heart and impact. His journey reflects the values of St. Francis College—service, leadership, and a commitment to excellence.

# CAREER CORNER

## Career Corner: Madeline Sandoval '25

This month's Career Corner spotlight is on **Madeline Sandoval '25**, a recent SFC graduate already making strides in nursing! Madeline is serving as a Nurse Extern with Wycoff Heights Medical Center. While a student at SFC, Madeline was a McGuire Scholar, worked on-campus in the Nursing Skills Lab, and supported prospective students beginning their SFC journeys through admissions events. We asked Madeline what she loves about her externship, and she raved about how the externship allows soon-to-be nurses to have an easier transition from student nurse to bring an RN. Specifically, she highlighted being able to further build her critical thinking and technical nursing skills as highlights!

*We congratulate Madeline on her graduation from SFC, and all of her success both now and in the future!*



## Top Skills to Learn (No Matter Your Major)

Whether you're studying nursing, accounting, or IT, the job market is evolving—and fast.

Employers are looking for eager, versatile students who can thrive in any environment. Here are the top skills you can start building now, no matter your major:

### #1 Adaptability

Change is constant—especially in the workplace. Being flexible and open to new ideas makes you a valuable team member.

**How to build it:** *Join different clubs, take on new roles, or volunteer for projects outside your comfort zone.*

### #2 Public Speaking

Whether you're pitching an idea or leading a meeting, clear communication is key. Employers love confident speakers who can engage an audience.

**How to build it:** *Participate in class discussions or lead a campus event.*

### #3 Making Connections

College is a great time to build the network you'll carry through your career. When in doubt, reach out – You never know what can happen!

**How to build it:** *Create a profile on **LinkedIn**, have CCE review your profile, and make at least 10 connections.*

### #4 Conflict Resolution

Working with others isn't always smooth sailing. Learning to navigate disagreements respectfully is a must-have skill.

**How to build it:** *Practice active listening, take leadership roles in group projects, and reflect on past conflicts to improve.*

For more information, you can send an email to [careercenter@sfc.edu](mailto:careercenter@sfc.edu) or visit the **Center for Career Exploration (CCE)** at **Room 6111**.  
<https://sfc.joinhandshake.com/>  
 Follow us on Instagram @sfc.careercenter

## TERRIER ALUMNI JOB CORNER

We caught up with two Terriers making big contributions in their fields, and asked them some questions about their time at SFC, where they are now, and what advice they have for students like you as you launch your careers!



### S&P Global

**Amanda Hunter '21** currently works at S&P Global, where she is a Content Management Analyst & Special Projects Coordinator and loves being able to connect strategy with execution in her work, managing details while also supporting big-picture initiatives that move projects forward.

#### Did you intern while a student at SFC or participate in any clubs?

##### If so, which internships or clubs did you participate in?

*I majored in Communications with a concentration in Digital Media and Broadcasting. While I wasn't heavily involved in clubs, I often worked with professors on side projects, helping with digital editing and media tasks. Those experiences gave me hands-on practice and reinforced the skills I use in my career today. I interned with IHS Markit (before its merger with S&P Global) through the Financial Scholars Program offered at SFC. It was such a valuable experience, I learned so much, built real-world skills, and felt supported from day one. The internship ultimately opened the door to my full-time role, and I'll always be grateful for that start.*

#### What advice do you have for Terriers looking ahead to launching their careers?

*Don't wait until you feel "ready", start where you are, and learn as you go. Ask questions, lean into curiosity, and treat every opportunity as a chance to grow. Consistency and willingness to adapt matter more than having it all figured out on day one.*

#### Do you want to connect with Amanda further to learn more about her journey?

Send her an email at [Amanda.Hunter@SPGlobal.com](mailto:Amanda.Hunter@SPGlobal.com).



#### PRO TIP:

*Looking to build your network? Reach out to alumni on **LinkedIn** and ask for a quick chat about their career journey. A short message mentioning your shared SFC connection can open doors to valuable advice and mentorship!*

## TERRIER ALUMNI JOB CORNER

*We caught up with two Terriers making big contributions in their fields, and asked them some questions about their time at SFC, where they are now, and what advice they have for students like you as you launch your careers!*



**Chris Pashayan, CPA '18** is a senior tax accountant with Ziff Brothers Investments. Prior to this role, Chris held professional accounting roles including Tax Associate at Scotiabank and Senior Tax Accountant and Tax Consultant with Deloitte.

**Did you intern while a student at SFC or participate in any clubs?**

**If so, which internships or clubs did you participate in?**

*I worked at Scotiabank from 2015-2018 while finishing my BS/MS degrees at SFC. I was also a member of the SFC Accounting Society and club treasurer my final year.*

**What advice do you have for Terriers looking ahead to launching their careers?**

*Focus on more than just your GPA. Things like internships, social clubs, and any type of job experience help develop basic skills that employers want to see. Also, be yourself and enjoy your time in college because it goes by fast.*

**Do you want to connect with Chris further to learn more about his journey?**

Connect with him on LinkedIn ("Chris Pashayan, CPA").



### PRO TIP:

*Alumni can be one of your most valuable career resources—and they're often excited to support current students. Use **LinkedIn** to search for SFC graduates in your field of interest. When you reach out, keep your message short and respectful: introduce yourself, mention your shared SFC connection, and ask if they'd be open to a brief informational interview. These conversations can give you real-world insights, help you explore career paths, and even lead to internship or job opportunities down the line.*





# Celebrating the Feast of St. Clare of Assisi & a Franciscan Milestone



The St. Francis College community gathered in a spirit of reverence and joy to celebrate the Feast of St. Clare of Assisi, honoring one of the most devoted and inspiring followers of St. Francis. The occasion was marked by a Mass that brought together students, faculty, and staff in a shared expression of faith and fellowship.

This year's celebration held special significance as we also commemorated a meaningful milestone in the life of Brother Gregory Cellini, O.S.F. — the 13th Anniversary of his Final Vows. A momentous chapter in his Franciscan journey, this anniversary reflects years of unwavering commitment, service, and spiritual devotion.

Before the Mass, Brother Greg offered a heartfelt fervorino — a short, inspirational reflection on the importance of peace, justice, and humility. His words resonated with the community, offering insight into the joys and challenges of living a life rooted in Franciscan values.

Following the mass, the community came together for a fellowship luncheon. Moments like these remind us of the deep faith, enduring dedication, and vibrant community that make St. Francis College such a special place. We are grateful to celebrate not only our cherished traditions but also the individuals who embody them so beautifully.





# FRANCISCAN MONTH

## Peace on Earth 2<sup>nd</sup> OCTOBER



A moment of celebration and joy to remind ourselves that peace starts within us, spreads to our community and the world at large.

## Creation Hour 9<sup>th</sup> OCTOBER

It's time to free yourself, connect with others, and experience the beauty of being fully present.



## Franciscan Stories 16<sup>th</sup> OCTOBER

A space to share our Franciscan stories and discuss the journey of the Franciscan Way for 2025 and beyond.



## Multimedia Learning Hub Plants

27<sup>th</sup> OCTOBER

Diving into the richness of plant resources and wisdom for everyone.



## Interfaith Appreciation Breakfast

29<sup>th</sup> OCTOBER

A gathering of different faiths in appreciation for one another in unity and respect.



For more details about these and other events, please contact Brother Greg at [gcellini@sfc.edu](mailto:gcellini@sfc.edu)

Less than one month away, the Office of Mission, Ministry, and Interfaith Dialogue is finalizing its planning of a Better. Faster. Fairer. Franciscan Month 2025. St. Francis College continues leading the way in the efforts to have the month of October designated as Franciscan Month.

This year's mission is to celebrate over 800 years of Franciscan charism, educate others about its meaning, and explore how to live it meaningfully in today's world. The hope is that all of the community members will come to know October as Franciscan Month and make the choice to live a more Franciscan way of life in the spirit of St. Francis and St. Clare, not only in October, but all year round.

The focus for this year's Franciscan Month will be the 800<sup>th</sup> anniversary of St. Francis writing "The Canticle of the Creatures". This focus is relevant today because the "Canticle" highlights key aspects of the Franciscan way of life, e.g., healthy relationships, care for creation, forgiveness, and gratitude.

Franciscan Month offers something for everyone. Major events you will want to ensure to attend include:

- **Welcome Back Gathering:** Monday, September 22 at 1:00 pm - Multipurpose Purpose Room
- **Peace on Earth Kickoff:** Thursday, October 2 at 1:00 pm - Auditorium

More information on Franciscan Month can be found at [www.franciscanmonth.org](http://www.franciscanmonth.org). If you have any questions or suggestions, or wish to assist **Office of Mission, Ministry, and Interfaith Dialogue** finalize its planning of Franciscan Month, please contact **Brother Greg** at [gcellini@sfc.edu](mailto:gcellini@sfc.edu) or visit him in room **5109**.

## HEALTH &amp; WELLNESS SPOTLIGHT

# Prioritizing Mental Health: Tips, Trends & Starting the Semester Strong!

A new semester brings new beginnings, classes, friendships, routines, and responsibilities. It can also bring stress, anxiety, or burnout. That's why this month, as we dive into the academic year, we're highlighting **Mental Health Tips** and how to start the semester strong because your mental wellness matters!

Start the year off right by building habits that support your overall well-being:

## 12 BACK-TO-SCHOOL MENTAL HEALTH TIPS FOR A STRONG SEMESTER

### 1 Get proper rest & sleep

Aim for 7–9 hours of sleep each night to help your brain recharge and function at its best.

### 2 Focus on health & nutrition

Fuel your body with balanced meals and hydration to support energy, mood, and concentration.

### 3 Be active

Regular movement can improve mental clarity and reduce anxiety. Check out the **fitness center** in **5212**.

### 4 Have a stress outlet

Whether it's listening to music, drawing, gaming, or exercising, find healthy ways to decompress.

### 5 Find connections

Loneliness can increase stress. Build your support network through campus clubs, organizations, or study groups.

### 6 Practice Self-Care

Make time for the activities that bring you peace and joy, no matter how small.

### 7 Manage time effectively

Use planners, calendars, or apps to break down big tasks and avoid last-minute stress.

### 8 Stay organized

A clean space and structured routine can reduce overwhelm and create mental clarity.

### 9 Practice positive thinking

Challenge negative self-talk and focus on what you can control and accomplish.

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Challenge negative self-talk and focus on what you can control and accomplish.

### 11 Start journaling

Writing down your thoughts can help you process emotions, set goals, and reflect on progress.

### 12 Don't be afraid to reach out for help

Asking for support is a sign of strength. Email [sfccounseling@sfc.edu](mailto:sfccounseling@sfc.edu) for an appointment today!

## OAA SUPPORT SERVICES SPOTLIGHT

# Temporary Conditions? You Might Still Qualify for Accommodation Support

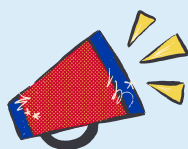
If you're dealing with a short-term injury, illness, or recovery—like a sprained ankle, surgery, or even a mental health crisis—you may be eligible for academic accommodations through the Office of Accessibility and Accommodations (OAA).

OAA can help with things like extended deadlines, note-taking support, or remote learning options. These accommodations are designed to keep you on track while you heal.

To get started, contact **OAA (oaa@sfc.edu)** with documentation from a healthcare provider. You'll meet with staff to create a temporary plan that fits your needs.


**PRO TIP:**

Don't wait—support is available, and reaching out early can make a big difference.



THE FALL 2025 SEMESTER IS RIGHT AROUND THE CORNER!

## DON'T FORGET TO APPLY FOR YOUR ACADEMIC ACCOMMODATIONS!

If you require academic accommodations for the Fall 2025 semester, now is the time to submit or renew your request with the Office of Accessibility and Accommodations!

**Even if you had accommodations last semester, you must renew them each semester to ensure continued support.**

[Submit your Fall 2025 Accommodation Request Form here](#)

### WHAT ARE ACCOMMODATIONS?

In a school setting, disability accommodations are modifications or adjustments to the learning environment that enable students with disabilities to participate fully in their education.

**Your privacy matters.** All documentation and student information is kept strictly **confidential** within the OAA.

**Questions?** Contact the OAA for assistance.

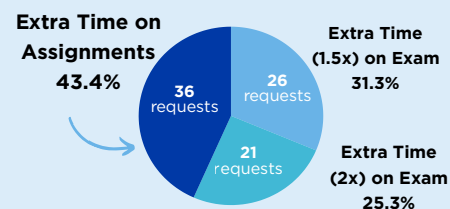
*We are here over the summer to support your success!*

Email: [oaa@sfc.edu](mailto:oaa@sfc.edu)

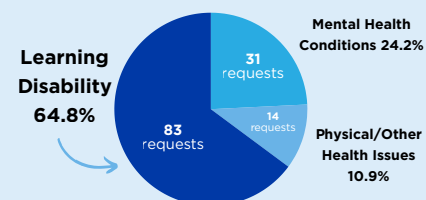
Office: **Room 7201**

Instagram: [@sfc.accessibility](https://www.instagram.com/sfc.accessibility)

#### Most Common Accommodations



#### Approved Accommodations by Condition:





## THE LEARNING LOUNGE

# Future Terriers in Training: STEM Academy Highlights

The STEM Resource Center and the Center for Learning and Leadership's Science Coordinator hosted the Summer STEM Academy for high school students interested in science and computer science.

Students learned about conservation, climate change, biodiversity, environmental science, and the fundamentals of Computer Science.

Students also participated in laboratory activities, learning how to use microscopes and the Anatomage table in the college's state-of-the-art science labs.

Students visited the American Museum of Natural History to further their understanding of conservation and biodiversity.



Students connected with our esteemed STEM faculty and college peer leaders who shared their experiences about pursuing nursing, medicine, and other STEM careers.

For information about the STEM program, email [stem@sfc.edu](mailto:stem@sfc.edu) or visit them at **The Hub** in room **7101**, or follow them on Instagram [@sfc.stem](https://www.instagram.com/sfc.stem)

## STEM Institute: Preparing for Success in Science

The STEM Resource Center hosted 3 STEM Institute summer programs for students enrolled in General Biology, Anatomy and Physiology, or Organic Chemistry.

Students participated in sessions on developing effective note-taking, time management and study skills, in addition to using NetTutor, EAB Navigate, and the College's tutoring center.

Students connected with SFC Faculty, peer leaders, and alumni who shared advice on academic success in science courses as they pursue their pre-health journey.



The STEM Institutes help support students' sense of belonging in overcoming imposter syndrome and learning about campus resources, such as success coaching, tutoring, and counseling.

The program also serves as an introduction to course material and laboratory activities, along with opportunities within SFC's research program and partnerships with medical, veterinary, and radiology schools.

# STAFF SPOTLIGHT

## Kathleen Mills, CPA ('09)



St. Francis College is proud to celebrate **Kathleen A. Mills, CPA**, a distinguished alumna, adjunct professor, and mentor, who has been named one of five recipients of the **2025 AICPA Emerging Leaders Award**—a national honor recognizing outstanding leadership and service in the accounting profession.

Presented annually in memory of Maximo Mukelabai, the award honors CPAs who exemplify passion, intellect, and inspiration in their careers and communities. Kathleen's selection reflects her deep commitment to professional excellence, mentorship, and volunteerism.

A partner at PKF O'Connor Davies, Kathleen brings over 15 years of experience in public accounting, serving clients across industries including real estate, hospitality, and manufacturing.

Kathleen is an invaluable adjunct faculty member, mentor, and alumni board leader. She holds CPA licenses in both New York and Ontario, Canada, and was previously recognized in NY CPA's "40 Under 40" list. She also volunteers as a board member and treasurer for Visiting Neighbors, Inc., a nonprofit serving older adults in NYC.

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*“Receiving the AICPA Emerging Leaders Award is an incredible honor and a meaningful milestone in my career. This recognition reflects not only a commitment to professional growth, but also to serving the community and supporting the continued growth and evolution of the accounting profession. I’m proud to be part of a field that values both leadership and impact, and I’m excited to continue contributing in ways that uplift others and shape the future of our profession.”*

Her continued efforts to recruit and mentor SFC students for internships and full-time roles make her a true ambassador of the Terrier spirit.

**Congratulations, Katie!**

**Your SFC family is proud of you.**

# FITNESS CORNER

## How to Build a Fitness Routine Around Your Class Schedule

College life is busy — between classes, studying, work, and social events, it can feel impossible to squeeze in a workout. But staying active doesn't have to mean sacrificing your schedule. With a little planning and creativity, you can build a fitness routine that fits you.

### #1 Time-Block Your Week

Start by reviewing your weekly schedule. Look for windows between classes, early mornings, or evenings when you can consistently fit in movement. Even short sessions count!

### #2 Take Advantage of the Campus Fitness Center

The **SFC Fitness Center (Room 5212)** is one of the best resources available — and it's right on campus! Whether you're into cardio, weights, or group classes, it's a convenient and cost-effective way to stay active.

### #3 Mix It Up

Variety keeps things interesting and helps you stay consistent. Alternate between different types of workouts to avoid burnout and target different muscle groups.

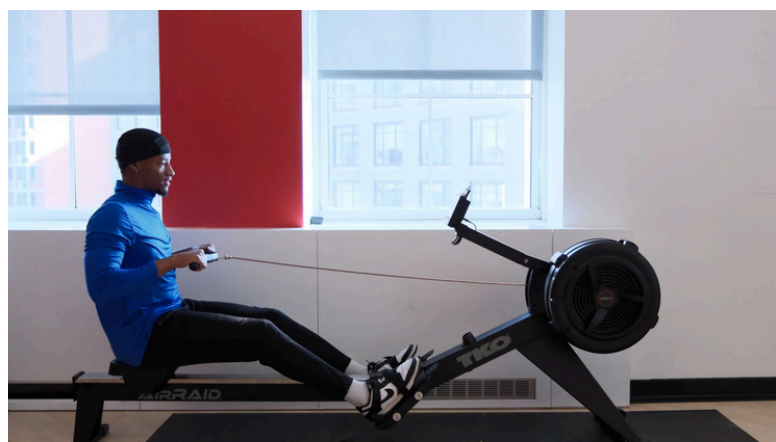
#### WHAT'S IN THE FITNESS CENTER?

- treadmills
- row machines
- strength training equipment
- free weights
- yoga mats
- exercise balls

### #4 Balance Activity with Rest

Rest is essential for recovery and mental clarity. Don't push yourself too hard — especially during midterms or finals. *Listen to your body: If you're tired, opt for a walk or gentle stretching OR Prioritize sleep and hydration to support your workouts.*

Fitness doesn't have to compete with your academic goals — it can support them! By using your campus fitness center, planning ahead, and staying flexible, you'll build a routine that works for your lifestyle and helps you thrive. Be on the lookout for group classes this month!

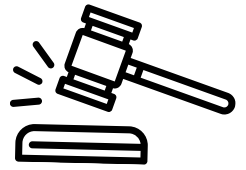


The Fitness Center is located at Room 5212. For more information or inquiries, email [sfcfitness@sfc.edu](mailto:sfcfitness@sfc.edu)





# Meet the Student Government Association



**Nina Husovic**

President

*"Hello everyone! My name is Nina, and I'm super excited to be your president this year! I'm in my senior year at SFC pursuing a BS in Management. I'm friendly, organized, and always open to new ideas, so feel free to say hi anytime. I can't wait to work with this amazing team, and I know together we'll accomplish great things. After all, when we dare to dream, we lead to change!"*

*"Hello, my name is Osamede (Danny) Ero. I'm a senior pursuing my BS in Management. I am resilient, adaptable, and committed to teamwork. I am excited to bring dedication and vision to my role as Vice President."*



**Osamede Ero**

Vice President



**Rehab Zaid**

Secretary

*"My name is Rehab, and I am honored to serve as Secretary of the Student Government Association. I'm a sophomore pursuing a BS in Biology. I am passionate about bringing students together, uplifting their voices, and making sure every Terrier feels seen and supported."*

*"Hello everyone, my name is Misheka Williamson, and I am honored to serve as your Speaker of SACOR for this academic year. I'm a sophomore pursuing a BS in Criminal Justice. I am devoted, persistent, and committed to getting to the job done. I look forward to working assiduously alongside my fellow executive members to create a safe and fun-filled environment where your voices are heard and your needs are met."*



**Misheka Williamson**

Speaker of SACOR



# Meet the Graduate Student Association



## Nooreen Fathima

*"I am Nooreen Fathima, President of the Graduate Student Association at St. Francis College. I am pursuing a MS in Information Technology, I am committed to fostering a supportive and inclusive graduate community, ensuring that both international and domestic students voices are heard, their concerns addressed, and opportunities for engagement and growth are created."*

## Michael Mensah

*"My name is Michael Mensah, and I am an international student from Ghana. I am an experienced Project Manager and I am currently pursuing a MS Information Technology Management, as I work toward transitioning from traditional nonprofit project management to agile project leadership. I enjoy meeting new people, learning new skills, and exploring different cultures through travel. I am excited to be part of the graduate student community at SFC and look forward to building relationships that will support both my professional and personal growth."*



## Mary Cheree Ann Seno

*"I'm Chey Seno and the friendly and motivated Secretary of the Graduate Student Association (GSA). I am pursuing my MS in Management. I'm passionate about fostering a positive, collaborative environment and committed to serving my fellow graduate students while advancing my own academic journey."*

## Celeste Mirador

*"I'm Celeste Mirador and your GSA Treasurer, basically the point guard of budgeting. I pass the funds, block unnecessary expenses, and always bring my A-game... preferably in cute sneakers, of course. I am pursuing a MS in Business Analytics. I believe in thoughtful decision-making and the power of believing in yourself, because "I think, therefore I am" as said by Renes Descartes isn't just philosophy to me, it's a reminder that positive thinking and self-reflection fuel our ability to lead, grow, and make choices that truly matter. And above all, I try to lead with kindness, because numbers may run the world, but compassion keeps it balanced."*



# STUDENT LIFE @ SFC

## 7 Ways to Make Friends at SFC

College is full of opportunities to meet new people—and **St Francis College** offers plenty of spaces and programs designed to help you connect. Whether you're outgoing or just starting to branch out, here are 9 ways to build friendships on campus:

### Talk to Your Classmates

Start with the people you see every week! A quick chat before or after class can lead to study groups, shared notes, and lasting friendships.

### Attend Campus Events

From career fairs to club events, the Office of Student Affairs hosts events all year. These are great for meeting new people in a welcoming environment. Just remember to stay safe and balance fun with academics.

### Hang Out Around Campus

Spend time in the **Student Union (5206)**, **Fitness Center (5212)**, or **E-Sports Center (6101)**—all great places to meet people casually. Whether you're gaming, working out, or just relaxing, these spaces are designed for student connection.

### Join a Club or Organization

There's a club for everyone. Whether you're into art, culture, leadership, or gaming, clubs are a great way to meet people with shared interests. Be sure to attend the **Fall Club Fair on September 8 from 1-3pm in the MPR.**



### Make the Most of Residence Life

Living in the residences hall is full of chances to connect. Attend **SFC Residence Life** hosted events and introduce yourself to neighbors. Residence halls are designed to help you feel at home and part of a community.

### Use Campus Resources for Group Activities

Check out fitness classes at the **Fitness Center (5212)** or join a casual tournament at the **E-Sports Center (6111)**. These shared experiences are great for bonding and meeting people with similar interests.

### Visit the Student Union

The **Student Union (5206)** isn't just a space—it's a hub for student life. Stop by to relax, meet new people, or join in on pop-up activities and events. It's one of the easiest places to strike up a conversation.

For more information or to start a new club, visit **The Office of Student Life at 5106** or email [studentlife@sfc.edu](mailto:studentlife@sfc.edu).

**Follow us on Instagram @lifeatsfcny.**

# UPCOMING EVENTS

SEPT 2	Terrier Tuesday
SEPT 2	Faculty Assembly
SEPT 5	Nursing Department - Townhall Meeting
SEPT 8	Annual Fall Club Fair
SEPT 16	Brooklyn Chamber of Commerce (Non-Profit Summit)
SEPT 18	Empower, Educate, Advocate: Advancing Compassionate Care in Medical Education
SEPT 22	Franciscan Month - Kick-Off Party
SEPT 24	Constitution Day
SEPT 25	What's Next Career and Graduate Fair
SEPT 27	STEM Conference: Pathways to PHD Conference

SEPT 29	Suicide Prevention Awareness Month Wall
OCT 2	Franciscan Month: Annual Peace Run
OCT 6	Volpe Lecture Series: Contemporary Issues on Maternal Healthcare
OCT 8	Franciscan Month: Math and Religion Lecture
OCT 9	World Mental Health Day
OCT 23	Franciscan Month: Annual Scholar Concert
NOV 6	Get LinkedIn with Center for Career Exploration
NOV 20	Counseling & Wellness: Check Up from the Neck Up
DEC 4	International Day of Persons with Disability
DEC 8-9	Stress-Free Finals

## Want to Be Featured in Our Next Newsletter?

Unleash your story and be featured!

Send your photo, your story, or anything else you'd like to share to **deanofstudents@sfc.edu**

for a chance to be spotlighted in our upcoming issue!

**Don't miss out—  
we'd love to feature you!**



### CONTRIBUTING AUTHORS

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## WHO'S IN THE DOGHOUSE THIS MONTH?

# This week: The MTA

Nothing says “good morning” in New York quite like standing on a packed platform, sweating through your clothes, while the announcer insists the train that comes “every 6 minutes” is still “delayed.” In reality? You’re waiting 22 minutes and contemplating if you should just start walking to campus.

Here at **St. Francis College**, we know the grind. You’ve got classes, deadlines, club events, and maybe even a 9 a.m. lecture. The only thing standing between you and campus? The beloved MTA.

But wait—it gets better. As of now, a single subway or local bus ride costs **\$2.90**, which is already enough to make our wallets whimper. And what’s the plan? The Metropolitan Transportation Authority wants to raise fares to a crisp **\$3.00 per ride** starting **January 4, 2026** (pending board approval this fall). That’s right—longer waits and higher fares. A true New York combo meal.

**So, dear MTA, you’ve landed in the doghouse. Until the trains can reliably get Terriers to campus on time without lightening our wallets, the MTA is officially in the Doghouse!**

